Hello, my name is Yvette Williams and my daughter Charnasha was 16 when she was locked up and placed in solitary for a month.

They shut her in her cell for 23 hours a day and turned off the water so she couldn’t use the bathroom.

She wrote me a letter telling me she was going to take her life because of what they put her through. I just cried.

It hurt knowing that there was nothing I could do. I couldn’t sleep, I couldn’t eat knowing my baby was going through that.

They need to give 16-year-olds chances to go to school and get in other programs. They shouldn’t be locked in their cells for 23 hours a day and treated like animals.